

NEW! BC SCHOOL COUNSELLORS' 2010 : *Register Now!*

- **Traumatic Incident Reduction (TIR) Workshop**
- exclusively for members of BC School Counsellors' Association
- during and immediately after October 2010 BCSCA conference

Learn how to more effectively and easily handle the types of difficulties students bring to you, without acquiring compassion fatigue and burnout!

Traumatic Incident Reduction (TIR) is a brief, one-on-one, non-hypnotic, person-centered, simple and highly structured method for permanently eliminating the negative effects of past traumas. It involves repeated viewing of a traumatic memory under conditions designed to enhance safety and minimize distractions.

*The TIR workshop teaches techniques which relieve **trauma, relationship difficulties, emotionally charged academic difficulties, everyday upsets, and unwanted negative emotions, such as anger and anxiety.** Advanced communication skills and strategies for engaging clients and creating a high level of safety are also included.*

PART ONE: Thursday October 21st and Friday October 22nd
At B.C. School Counsellors' Conference, Vancouver B.C.

PART TWO: Saturday October 23rd and Sunday October 24th
At Coast Plaza Hotel, 1763 Comox Street, Vancouver (venue of the BCSCA Conference)

TO REGISTER: **For Part One:** Select the TIR option on your BCSCA registration form
For Part Two: Complete and fax the registration form below.

** Register before July 1st to be eligible for the early bird fee for Part Two **

Part One consists of the first one-third of the TIR workshop. All necessary workshop materials will be provided. Participants will learn the fundamentals of TIR theory and practice, and advanced communication skills. Disturbance Handling will be taught – a simple yet effective technique for reducing distress caused by upsets worries and even re-stimulated traumatic incidents. Unblocking, a technique for increasing understanding and clarity around distressing relationships, situations, places, things and traumatic events, will be introduced and demonstrated. A video of an actual TIR session will be shown.

Part Two consists of the second two-thirds of the TIR workshop. A full workshop manual will be provided. Participants will also receive an attendance certificate from the Traumatic Incident Reduction Association, a division of Applied Metapsychology International. Participants will build on the skills acquired in Part One, and learn to do the Unblocking technique, two forms of the TIR technique, as well as two other techniques for assisting students and colleagues.

REGISTRATION Terms and Conditions for Part Two:

1. **Workshop hours:** 8:30 – 5pm both days
2. **Tea and coffee** provided at 8am daily, mid-morning and mid-afternoon
3. **Lunch** is on your own
4. **Minimum number of participants** to run workshop: 6
5. **Maximum number of participants:** 24
6. **Assistant trainer:**
An assistant trainer will participate if more than 12 participants register.
7. **Venue** may change if insufficient registrations are received by July 1st.
8. **Early registration date:** accommodates hotel venue cancellation policy.
9. **Fees:** \$280 + 14% HST before July 1st
\$320 + 14% HST between July 1st and October 17th
\$350 + 14% HST after October 17th
10. A **deposit** of \$100 + 14% HST secures your place.
The **balance** is due September 30th.
11. **Payment methods:** Visa card or cheque.
12. **Cancellation by workshop participant:**
 - a. After July 1st – no refund of deposit
 - b. After September 30th – no refund of any fees
13. **Cancellation by presenter:**
Full refund or fees transferred to an alternative workshop (participant's choice).
14. **Hotel rooms** will be available to workshop participants at the same rates as those for the BCSCA conference. Identify yourself to the hotel as a BCSCA conference participant to receive the rates specified in the BCSCA conference website, for October 23rd and 24th (Part Two of the TIR workshop)
15. **Pre-requisites:** Workshop participants must be able to read written instructions and deliver these out loud, to hear client responses and write these down.
16. **Special needs** such as wheelchair accessibility may be able to be accommodated, provided these are specified at the time of registration. Please specify below any such needs:

THIS IS A UNIQUE OPPORTUNITY TO COMPLETE A FULL TIR WORKSHOP AT A FRACTION OF THE REGULAR WORKSHOP COST!

(see regular Registration Form on this website, under Training and Education Services)

To register:

Fax your completed registration form to 778-578-1399, or mail to Pauline Carey, M.A., R.C.C., 207 Scottsdale Square Business Centre, 7164 – 120th Street, Surrey, B.C. V3W 3M8

B.C. SCHOOL COUNSELLORS' ASSOCIATION	TRAUMATIC INCIDENT REDUCTION WORKSHOP (PART TWO) REGISTRATION FORM October 23 rd and 24 th , 2010 Coast Plaza Hotel, 1763 Comox Street, Vancouver B.C.
Name	
Mailing address	
- City	
- Postal code	
Telephone numbers	
- day	
- evening	
Email address	
Employer	
Payment method: - VISA (sorry, no other credit cards)	<u>Visa card no.</u> _____ <u>Expiry date</u> _____ 1. Amount authorized immediately: \$100 + 14% HST = \$114.00 2. Amount authorized on September 30 th : - \$180 + 14% HST = \$205 (registration before July 1 st) - \$220 + 14% HST = \$250 (registration July 1 st – Oct 17 th) - \$250 + 14% HST = \$285 (registration after October 17 th) Signature: _____
- Cheque/s	Payable to Pauline Carey, M.A., R.C.C. See above for appropriate amounts.
I accept the above terms and conditions of this registration	Signature: _____ Date: _____

For enquiries, please telephone 604-507-8055 #207, or send an email using the contact page on this website.